

Senior Men 2023

Event	Name	Performance	Year
60m(ID)	Joe Harding	6.86s	2022
100m	Joe Harding	10.47s	2022
200m	David Swift	22.3s	2004
300m	Ciaran Yeo	36.18ss	2019
400m	Ciaran Yeo	49.68s	2019
800m	Luke Rutley	2.00.14s	2013
1500m	Terry Yeo	4.09.3s	1986
mile	Terry Yeo	4.32.6s	1987
3000m	Tom Hartley	9.20.7s	2007
5000m	Edward Morris	16.17.4s	1988
10,000m	Kieran Dore	36.40.5s	1995
3000mS/c	Terry Yeo	9.50.0s	1987
2000mS/c	Alex Slatter	6.31.1s	1996
110mH	Paul Warrilow	16.0s	1987
200mH	Darren Till	29.8s	1991
400mH	Paul Hindle	56.2s	2005
Long Jump	Matthew Woodger	6.56m	1998
High Jump	Richard Lowe	1.97m	2002
Triple J	Matthew Woodger	13.13m	1997
Pole V	Richard Lowe	3.0m	2004
Javelin	Ben Martin	51.96m	2004
Shot	Robert Woodger	11.61m	2006
Discus	Matthew Woodger	34.90m	2003
Hammer	Robert Woodger	39.01m	2001
Decathlon	Matthew Woodger	5040 points	2004
4x100R	Richard Derrick	44.1s	2004
	Paul Knight	Matt Hansford	David Swift
4x400R	Richard Derrick	3.32.3s	2004
	Paul Knight	Paul Hindle	David Swift
4x200R	Rob Woodger Paul Hindle Richard Lowe Andy Norman	1.37.2s	1999

Medley Relay 100m 100m 200m 800m	Jake Dan, Lauren Booker, Nia Harradine- Cole, Ewan Walton	3.29.45s	2022
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Under 20 Men 2023			
Event	Name	Performance	Year
60m ID	Joe Harding	6.86s	2022
100m	Joe Harding	10.47s	2022
200m	Joe Harding	22.48s	2019
300m	Ciaran Yeo	36.18s	2019
400m	Ciaran yeo	49.68s	2019
800m	Luke Rutley	2.00.14s	2013
1500m	Terry Yeo	4.09.3s	1987
mile	Terry Yeo	4.32.6s	1987
3000m	Tom Hartley	9.20.7s	2007
5000m	Edward Morris	16.17.1s	
10000m	Adam Caunter	36.58.2s	2010
2000mS/c	Alex Slatter	6.31.1s	1996
3000mS/c	Terry Yeo	9.50.0s	1987
110mH(97cm)	Tommy D' Cruz	15.73s	2017
200mH	Darren Till	29.8s	1991
400mH	Paul Hindle	57.1s	1999
Long J	Matthew Woodger	6.56m	1998
High J	Darren Till	1.95m	1991
Triple J	Matthew Woodger	13.13m	1997
Pole V	Matthew Woodger	2.80m	1998
Javelin	Ben Martin	51.96m	2004
Shot	Tommy D' Cruz	11.34	2017
Shot 6kg	Matt Hansford	11.32m	2004
Discus	Matthew Woodger	33.97m	1998
Hammer	Robert Woodger	39.51m	1999
Decth	Matthew Woodger	5133pts	1998
4x100R	David Stephenson	46.2s	1999
	Paul Hindle	Michael Stoneman	Andrew Norman
	Paul Knight	David Swift	2000
	Paul Hindle	Michael Stoneman	
4x200R	Robert Woodger	1.37.2s	1999
	Paul Hindle	Richard Lowe	Andrew Norman
4x400R	David Stephenson	3.35.7s	1999

	Andrew Norman	Richard Lowe	Paul Hindle

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Under 17 Men 2023			
Event	Name	Performance	Year
60m	Joe Harding	7.03s id	2019
100m	Joe Harding	10.95s	2019
200m	Joe Harding	22.48s	2019
300m	Harry King	39.51s	2012
400m	Tom Brazier	52.3s	2005
800m	Luke Rutley	2.00.14s	2013
1500m	Paul Harvey	4.15.1s	
mile	Paul Harvey	4.41.6s	
3000m	Tom Hartley	9.20.7s	2007
10000m	Adam Caunter	36.58.2s	2010
1500mS/c	Gavin Pavey	4.38.6s	1988
60mH	Tommy 'D Cruz	8.59s id	2016
100mH	Tommy'D Cruz	13.58s	2016
400mH	Tom Brazier	56.6s	2005
Long J	Matthew Peterson	6.33m	2007
High J	Sebastian Ford	1.89m	2016
Triple J	Michael Stoneman	12.20m	1999
Shot	Tommy'D Cruz	12.85m	2016
Discus	Andrew Harris	33.20m	1986
Hammer	Robert Woodger	35.14m	1997
Javelin	Ben Martin	53.73m	2003
Pole Vault	Hayden Stephenson	2.70m	2003
Octathlon	Tommy'D Cruz	4348pts	2016
4x100R	David Stephenson	47.8s	1998
	Paul Knight	Michael Stoneman	Andrew Norman
4x200R	David Stephenson	1.39.0s	1998
	Paul Knight	Michael Stoneman	Andrew Norman
4x400R	Tom Perrin	3.46.6s	2005

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Under 15 Boys 2023			
Event	Name	Performance	Year
100m	Joseph Harding	11.67s	2017
200m	Andrew Norman	23.42s	1996
300m	Harry King	39.51s	2012
400m	Daniel Withers	54.3s	1989
800m	Luke Rutley	2.06.83s	2011
1500m	Jamie Webb	4.27.9s	1999
3000m	M Stevens	9.50.0s	1987
1500m S/chase	Toby Hooper	5.22.6s	2016 new event
80mH	Tommy 'D' Cruz	11.95s	2014
Long J	Andrew Norman Lewis Beare	5.60m	1996/2004
High J	Sebastian Ford	1.73m	2014
Javelin	Ben Martin	44.73m	2001
Shot	Tommy 'D' Cruz	11.11m	2014
Discus	Wil Hodgkinson Reeves	32.93m	2023
Hammer	James Drake	28.12m	1993
Pole V	Richard Lowe	2.10m	1995
Triple J	Martin Brace	11.57m	2003
Pentathlon	Tommy 'D' Cruz	2445 points	2014
4x100R	Matthew Peterson	50.2s	2004
	Lewis Beare	Tom Perrin	Nick Gillard
4x400R	Ben Lewis	4.06.2s	1999

Under 13 Boys 2023			
Event	Name	Performance	Year
75m	Daniel Withers	10.7s	1987
80m	Daniel Withers	11.5s	1987
100m	Daniel Withers Jacob Brailey	13.0s	1987 2007
150m	Christopher Moore	20.56s	2016
200m	Daniel Withers	26.6s	1987
600m	Ryan Dabbs	1.45.7s	2011
800m	Shane Gill	2.20.6s	1999
1000m	S Barker	3.22.0s	
1200m (new dist.)	Graeme Tinkler	3.59.4s	2008
1500m	Shane Gill	4.55.6s	1999
3000m	Jamie Webb	10.37.6s	1999
70mH	Paul Hindle	12.8s	1993
75mH	Tommy' De Cruz	12.92s	2012
80mH	Nial Cooper David Collier	14.6s	1990 1995
Long J	Daniel Withers	4.90m	1987
High J	Isaac Helyer	1.54m	2018
Triple J	Paul Hindle	8.19m	1993
Shot	Ian Leaman	11.10m	1991
Javelin	Ben Martin	34.37m	1999
Discus	Ian Leaman	23.70m	1991
Hammer	Luca Colombini	17.43m	2017 new event
Cricket B	Ian Leaman	50.55m	1991
Pentathlon	Sebastian Ford	1432points	2012
4x100R	Isaac Helyer	56.6s	2018
	Nathan Helliwell	Joshua Taylor	Max Dan

	Stephen Hendy	David Swift	Jamie Webb
4 x 300mR	Toby Hooper	3.03.1	2015
	Oliver Smith	Ethan Kirby	Callum Oliver Davidson

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Under 11 Boys 2023			
Event	Name	Performance	Year
50m	David Collier	7.4s	1988
60m	Jake Alderman	9.8s	2006
70m	Ben Kench	10.6s	2013
75m	Ryan Dabbs	10.7s	2009
80m*	Matthew Peterson	11.8s	2001
100m	Richard Smith	14.3s	1991
150m	Ben Kench	22.4s	2013
200m	Richard Smith	30.6s	1991
300m	Ian Harvey	51.3s	
600m	Shane Gill	1.56.1s	1998
800m	Shane Gill	2.34.5s	1998
1200m	Warren Coyle Moore	4.52.9s	2016
1500m	Shane Gill	5.10.6s	1998
1 mile	Luca Shillabeer	7.10.04s	2022
60mH(mini)	Tom England	12.7s	2021
75mH	Richard Smith	16.5s	1991
80mH	Andrew Norman	16.5s	1992
70mH(55cm) Mini	Neal Groft	13.0s	1995
Long J	Matthew Peterson	4.17m	2001
High J	Isaac Helyer	1.34m	2016
Cricket B	Ian Leaman	42.12m	1989
Shot (2kg)	Luca Colombini	5.40m	2016
Shot(3.25kg)	Riley Snell	5.85m	2019
Jav(400g)	Shane Gill	18.09m	1998
Vortex Throw	Wil Hodgkinson Reed	42.30m	2019
4 x 75mR	Isaac Helyer Luca Colombini Warren Coyle-Moore Barney Stancombe	57.0s	2016

4x100R	Christopher Lowe	63.2s	1993
	Paul Knight	Nial Cooper	Mike Stoneman

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Senior Women 2023			
Event	Name	Performance	Year
100m	Rebecca Kilgour	12.1s	1994
200m	Rebecca Kilgour	24.45s	1995
400m	Lillian Goddard	58.5s	2016
800m	Molly Canham(U15G)	2.09.42s	2015
1000m	Karen Stuart	3.39.5s	1986
1500m	Molly Canham (U15G)	4.45.33s	2015
1 mile	Ella Richards(U15G)	5.24. 90s.	2023
3000m	Molly Canham(U15G)	10.22.7s.	2016
5000m	Martha Neal	18.26.12s	2013
10000m	Martha Neal	38.30.07s	2018
100mHur	Hanna Ulvede	15.23s	2023
400mHur	Hanna Ulvede	60.88s	2023
1500m S/C	Chloe Olford	5.24.56s	2017
2000m S/C	Anne Darby	8.32.85s	2003
Long Jump	Rebecca Kilgour	5.32m	1993
High Jump	Adrienne Richards	1.65m	2008
Triple Jump	Sasha Denis	10.96m	2017
Shot	Katie Halford	11.76m	2001
Discus	Katie Halford	40.01m	2002
Javelin	Emily Martin	36.76m	2006
Hammer	Anna Bowyer	37.66m	2002
4x100R	Megan Webber Rebecca Roots Elyse Leech Verity Woods	50.3s	2017
4x200R	Kirsten Johansen	2.07.3s	1999

	Jenny Pinsent		
	Hannah Martin		
	Perry Taylor		
4x400R	Elyse Leech, Thuza Edworthy, Megan Webber, Rebecca Roots	4.10.03s	2018

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Under 17 Women 2023			
Event	Name	Performance	Year
100m	Tamsin Lees	12.2s	1999
200m	Emily Lands	25.13s	2019
300m	Rebecca Kilgour	40.6s	1992
400m	Rebecca Kilgour	62.9s	1992
800m	Molly Canham(U15G)	2.09.42s	2015
1500m	Molly Canham(U15G)	4.45.33s	2015
1 mile	Ella Richards(U15G)	5.24.90s	2023
3000m	Molly Canham(U15G)	10.22.7s	2016
80mH	Sophie Skinner	11.9s	2005
100mH	Rebecca Kilgour	17.0s	1992
300mH	Thuza Edworthy	45.7s	2009
1500m S/C	Chloe Olford	5.24.56s	2017
Long Jump	Verity Woods	5.25m	2017
High Jump	Adrienne Richards	1.65m	2008
Shot(4kg)	Zoe Baker	9.23m	1994
Shot(3kg)	Poppy Stancombe	9.44m	2019
Discus	Alison Sinden	27.66m	1996
Javelin(600g)	Emily Martin	36.76m	2006
Javelin(500g)	Poppy Stancombe	32.33m	2019
Triple Jump	Adrienne Richards	10.78m	2008
Hammer	Hannah Carr	20.52m	2022
Heptathlon	Beth Neal	3049	2010
4x100R	Thuza Edworthy	54.4s	2007
	Megan Higginson	Sophie O Neill	Christina Sell
4x200R	Kirsten Johansen	2.07.3s	1999
	Jenny Pinsent	Perry Taylor	Hannah Martin

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Under 15 Girls 2023

Event	Name	Performance	Year
75m	Zoe Ashby	10.7s	1986
100m	Tamsin Lees	12.35s	1998
200m	Jessica Dobson	26.24s	2011
300m	Nia Harradine-Cole	41.79s	2022
600m	Molly Canham	1.38.03s	2015
800m	Molly Canham	2.09.42s	2015
1500m	Molly Canham	4.45.33s	2015
1 mile	Ella Richards	5.24.90s	2023
3000m	Molly Canham	10.22.7s	2016
75mHur	Hanna Ulvede	12.23s	2018
80mHur	M Gaskell	13.5s	1986
Long Jump	Tamsin Lees	5.08m	1998
High Jump	Adrienne Richards	1.63m	2006
Shot (3.25g)	Lucy Houghton	10.21m	2004
Shot(3kg)	Poppy Stancombe	8.59m	2017
Discus	L. Dowrick	23.98m	1986
Javelin(600g)	Emily Martin	30.70m	2004
Javelin(500g)	Poppy Stancombe	24.78m	2017
Triple Jump	Lauren Booker	10.21m	2023
Pentathlon	Lauren Booker	2521 points	2023
4x100R	Keeley Little	54.12s	2022
	Mia Forbes	Isobel Curry	Nia Harradine-Cole
4x200R	Kirsten Johansen	2.07.3s	1999
	Jenny Pinsent	Hannah Martin	Perry Taylor

4 x 300R	Amy Smart	3.02.0s	2015
	Verity Woods	Molly Canham	Megan Webber

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Under 13 Girls 2023

Event	Name	Performance	Year
75m	Molly Daly	11.1s	2008
80m	Fiona Ashby	11.9s	1986
100m	Sophie O'Neill Jessica Dobson	13.3s	2006 2010
150m	Jessica Dobson	20.4s	2010
200m	Chelsea Johannsen Sophie O'Neill	28.2s	2004 2006
600m	Molly Canham	1.48.82s	2013
800m	Molly Canham	2.14.17s	2014
1200m	Molly Canham	3.49.93s	2014
1500m	Molly Canham	4.45.4s	2014
1 mile	Molly Canham	5.27.0s	2014
70mHur	Megan Johnson	11.89s	2023
Long Jump	Tamsin Lees	4.60m	1996
High Jump	Megan Higginson	1.39m	2006
Shot (2.72g)	Jessica Dobson	8.73m	2010
Discus	Sarah Kemp	17.78m	1994
Cricket B	N Lane	33.03m	1988
Javelin	Emily Martin	27.38m	2002
Hammer	Abigail Fisher	11.45m	2017 new event

Under 11 Girls 2023

Event	Name	Performance	Year
50m	Tamsin Lees	7.0s	1994
60m	Chelsea Johannsen	8.6s	2001
70m	Lucy Gregory	11.5s	2013
75m	Molly Daly	11.1s	2008
80m	Chelsea Johannsen	12.1s	2001
100m	Tamsin Lees	14.5s	1995
150m	Tamsin Lees	21.9s	1994
200m	Verity Lees	30.3s	1993
600m	Celina Meek	2.07.0s	2008
800m	Nicola Herbert	2.52.4s	1985
1000m	Nicola Herbert	4.11.7s	1985
1500m	Stephanie Webber	6.23.6s	1993
60m mini hurdles	Amelie Webber	13.0s	201
70mHurdles (68cm)	Verity Lees	14.4s	1993
70mHurdles (55cm)	Lucy Houghton	11.4s	2000
Long Jump	Tamsin Lees	3.87m	1994
High Jump	Emily Martin	1.27m	2000
Cricket B	Chloe Livingstone	25.60m	2007
Shot(2kg)	Olivia Dobson	6.13m	2011
Shot (2.72kg)	Chloe Livingstone	5.87m	2007
Javelin (400g)	Emily Martin	16.91m	2000
Vortex Throw	Poppy Stancombe	28.12m	2013
Pentathlon(new event)	Olivia Dobson	275 points	2011

Pentathlon	Molly Canham	2073 points	2014
4x100R	Peta Johannsen	58.1s	2004
	Holly Shears	Nicola Buckmaster	Chelsea Johansen